

Grading syllabus from 10th Kyu to 6th Kyu: training days minimum 30 days

Kids: between 7-12 years

Adults: More than 12 years. (Adult grading from 6th kyu)

<p>10th Kyu</p> <p>Oral</p> <ul style="list-style-type: none"> ▪ Meaning of Aikido and name of founder ▪ Meaning Dojo and Do- Gi ▪ Uke & Nage means <p>Demonstrate</p> <ul style="list-style-type: none"> ▪ Migi and hidari hanmi ▪ Tenkai & Tenkan ▪ Ushiro hanten ukemi 	<p>9th Kyu</p> <p>10th kyu and following-</p> <ul style="list-style-type: none"> ▪ Ushiro yoko ukemi ▪ Tenkubi kansetsu junan ho (wrist warm up exercise) –Ikyo, Nikyo, Sankyo, Kotegaeshi ▪ Tai no henko –Irimi, Tenkan
<p>8th Kyu</p> <p>10th, 9th Kyu and following-</p> <ul style="list-style-type: none"> ▪ Shikko ho ▪ Unsoku ho ▪ Koho kaiten ukemi ▪ Uchi kata- Somen , Yokomen & Tsuki 	<p>7th Kyu</p> <p>10th, 9th, 8th & following-</p> <ul style="list-style-type: none"> ▪ Ukemi- Mae kaiten, ushiro hanten ukemi, ushiro yoko ukemi , koho kaiten ▪ Sabaki ,Kokyudosa
<p>6th Kyu</p> <p>All above and following-</p> <ul style="list-style-type: none"> ▪ Funakogi undo ▪ Katate dori kokyu ho, kokyudosa 	<p>5th Kyu & above as per Aikikai syllabus*</p>

*5th Kyu and above Aikikai syllabus applicable. Participants has to become member of Aikikai at the time of grading or before that.

Colour	Kyu Grade
Yellow	10 th & 9 th
Orange	8 th & 7 th
Blue	6 th & 5 th
Purple	4 th & 3 rd
Brown	2 nd & 1 st